ABOUT CHPAMS: FEATURE MEMBER

Yinan Peng, PhD MPH



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Yinan Peng (彭屹楠) is a research fellow for the Task Force on Community Preventive Services (the Community Guide). Her current work focuses on conducting systematic reviews of various population-based interventions such as tobacco control. Prior to joining the Community Guide, Dr. Peng served two years with the U.S. Peace Corps in Kenya and Botswana where she worked on planning, coordinating, monitoring and evaluating local HIV/AIDS preventive activities. After accomplishing her duty she received her MPH degree from School of Public Health and Tropical Medicine at Tulane University in 2009. Dr. Peng also holds a doctoral degree in molecular and cellular pharmacology from Stony Brook University.

1. If you had not entered your current profession, what would you have liked to do?

If we are strictly dreaming here, I would say "travel guide writer", or "travel essay writer". What's not to love? Going to all these places as part of one's work, enjoying vastly different scenery, culture, people, and food, and sharing the experience through writing!

2. What is the best piece of advice you have received, and from whom?

My mother gave me the best piece of advice when I was ten. I still remember the whole story vividly. I needed to wipe something clean but could not find a mop, so I just grabbed my brother's face washing towel. My mother immediately stopped me and asked how I would feel if my brother used my towel as mop. It's a live demonstration of 己所不欲,勿施于人 (do unto others, as you would have them do unto you). I will never forget that moment and always try my best to conduct myself accordingly.

3. How do you relax?

There is so much to do outside work! I love traveling, but cannot to do too much given time and financial constraints. On week nights and weekends, a book, walk around in nice weather, a great movie, or an immersive computer game, are all able to help me relax.

4. In which other country would you like to live and why?

Any other country really, as long as it is not torn by war. U.S. is a good country to live and work, but it is just a bit, well, un-exciting. There are so many countries in the world, each with its own history, culture, and beauty. My dream is to live and work in as many countries as possible.

5. What is the most memorable comment from your school reports?

Well, growing up in China, almost all my end-of-term reports say something like this: "Student has high potential. However, her attention tends to wander and she cannot sit still." Not sure what is my potential now, but judging from my answer to the previous question, my attention is still wandering.

6. What are you currently reading?

I have the bad habit of starting multiple books and read them simultaneously. This habit has been further indulged now that I have a Nook (e-reading device from Barnes & Noble). So here are the books I am currently reading:

"Behind Beautiful Forevers", "Ready, Player One", "Ghost of Empire", "The Sugar Barons", "An Edible History of Humanity", "The Disappearing Spoon", and "Imager's Battalion". Yes, I love reading.